



# ACAT Prayer Focus



JUNE  
2026

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b></p> <p>Pray for those attending the ACAT <b>Community Volunteer courses</b>. CV3 course starts today, and the second batch start next Monday. Pray for them to absorb and implement the lessons they are taught so that they are empowered to assist their community.</p>	<p><b>2</b></p> <p>Pray for the successful upskilling of community structures, local leadership, youth groups, women's groups, so communities may grow in resilience and self-sufficiency. This is the point of much of the training ACAT does.</p>	<p><b>3</b></p> <p>Sufficient <b>funding</b> to meet our budgets is a concern in both the ACAT operations in KZN and eSwatini. <b>Pray for the Lord to provide the needed finances</b> and for <b>good stewardship, and protection</b> of ACAT's assets.</p>	<p><b>4</b></p> <p>Pray for the <b>mental, emotional, and spiritual wellness</b> of the ACAT team and ACAT group members. Pray for protection from burnout, discouragement, anxiety, and isolation.</p>	<p><b>5</b></p> <p>Pray for Directors <b>Rodney Spencer</b> and <b>Enock Dlamini</b> as they lead ACAT KZN and eSwatini. Pray too for <b>each ACAT team member</b> that they would experience the <b>presence of the Lord in their lives</b>. Pray this too for <b>yourself</b>.</p>
<p><b>8</b></p> <p>Pray for the <b>second group of community volunteers</b> who will be trained at the centre this week. Pray for the Lord to encourage all who attend, and to speak to each one personally.</p>	<p><b>9</b></p> <p>Pray for all <b>community development facilitators and trainers</b> who equip rural communities with practical and leadership skills.</p> <p style="text-align: center;"><b>Do not be anxious about anything... And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Phil. 4:6-7</b></p>	<p><b>10</b></p> <p>Pray for ACAT as it has to adjust to rising <b>operational costs</b>, and set budgets (eg. fuel)</p>	<p><b>11</b></p> <p>Pray for healing and support for those facing <b>depression, trauma, grief, addiction, and emotional exhaustion</b> within ACAT communities and teams.</p> <p>Pray too for all those you know who are <b>struggling</b>.</p>	<p><b>12</b></p> <p>Pray for <b>farmers, gardeners, and food producers</b>.</p> <p>Pray for good harvests, access to resources, and protection from climate-related disasters.</p>
<p><b>15</b></p> <p><b>Pray for peace and stability in regions experiencing war, displacement, and political unrest.</b></p> <p>Ask God to protect vulnerable families and guide leaders toward justice and reconciliation.</p>	<p><b>16</b></p> <p style="text-align: center;"><b>YOUTH DAY</b></p> <p style="text-align: center;"><b>Pray for the Lord to inspire mentors, trainers, and educators to invest in developing future leaders within rural communities.</b></p> 	<p><b>17</b></p> <p>Pray for creative and sustainable income generating projects that can strengthen household resilience and community cooperation. The cost of living in SA (inflation) rose almost 1% since March making it even more difficult to provide adequately.</p>	<p><b>18</b></p> <p>Pray for rural communities who struggle to get access to clean water, sanitation, healthcare, and basic services. Give thanks for those who sponsor <b>jojo tanks</b> and <b>hippo rollers</b>. These go some way to help their situation.</p>	<p><b>19</b></p>  <p style="text-align: center;"><b>Pray for Africa</b></p> <p>Pray for those affected by the <b>Ebola outbreak</b> in DRC.</p>
<p><b>22</b></p> <p>Pray for <b>nations</b> facing economic instability and rising costs of living. Pray for just economic systems that protect the poor and vulnerable.</p> <p style="text-align: center;"><b>What does the Lord require of you? To act justly and to love mercy and to walk humbly with your God. Micah 6:8</b></p>	<p><b>23</b></p> <p>Pray for the <b>Trustees of ACAT Lilima Eswatini</b> as they meet tonight for their AGM.</p> <p>Give thanks for all that has been done during the year through ACAT. Pray for <b>Godly wisdom</b> as they plan ahead for the future.</p>	<p><b>24</b></p> <p>Thank God for his <b>provision through our generous donors</b> – big and small! Their faithful support – financial, technical, emotional – is a vital contribution to ACAT's impact. <b>May God bless and encourage them.</b></p> 	<p><b>25</b></p> <p>Pray for <b>women in rural communities</b> – for safety, empowerment, leadership opportunities, and freedom from violence and discrimination.</p>	<p><b>26</b></p> <p>Pray for those who are <b>battling with illness</b>. The 'flu season continues to present a challenge and more so to those who have a compromised immune system.</p>
<p><b>29</b></p> <p>Pray for our <b>teams</b> as they conduct <b>Youth Basic Life Skills courses</b> in the areas we are active in. These courses are run by the Area Implementing Committees. Aimed at the 14 - 16 year olds, the lessons are geared to helping teens make informed choices.</p>	<p><b>30</b> <b>When Nehemiah got news that Jerusalem's wall was in ruins, before he led any charge, he prayed.</b> In fact, he prayed for four months. Four. Months. In contrast, rebuilding the wall took only 52 days. Think about that: a 52-day project had a 4-month foundation of prayer. Before Nehemiah built a wall, God built a dependence. Before God did something THROUGH Nehemiah He did something IN Nehemiah. God shapes us in the quiet before He sends them into the noise. Keep in mind..."Ugh" can be a prayer. "Thank you" can be a prayer. Tears can be a prayer. "Help" can be a prayer. In fact, it might be the best one. Some walls are rebuilt with tears before they're rebuilt with tools. Worry less about having the "right" words. Just bring your whole, honest self. I think God cares a lot more about our sincerity than our stage presence. God would rather have your honesty than your eloquence. God meets us where we are not where we pretend to be. Honesty is the doorway to intimacy with God. As John Ortberg says: "It is better to be an honest mess before God than a dishonest saint." <b>You don't need to clean up to show up. And even when we don't have words at all, God still steps in to help us.</b> (Romans 8:26)</p> <p style="text-align: right;">– Ian Sinkins</p>			

ACAT's Mission is to design and implement training and mentoring programmes aimed at equipping people to be sustainable in every aspect of their lives and to influence, motivate and assist others to achieve the same.



JULY  
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Monday

Tuesday

Wednesday

Thursday

Friday

<p><b>I</b>n medieval times, you knew the king was home when his banner flew above the castle. No announcement needed. The flag said it all.</p> <p><b>Joy works the same way. It's not the absence of hard days or the result of perfect circumstances. Its the quiet evidence that Christ has taken up residence within us - and that he hasn't left, even when life feels like a siege. Your joy doesn't have to be loud to be real. It just has to fly.</b></p> <p><b>Whose joy has reminded you that the King is still on His throne?</b> - Chuck Swindoll</p>	<p><b>1</b></p> <p>Pray for <b>wisdom and courage</b> for ACAT leaders, staff, facilitators, and community partners as they serve vulnerable rural communities.</p> <p>Pray for integrity, compassion, and renewed strength.</p>	<p><b>2</b></p> <p>Pray that <b>unemployed youth</b> would see the potential of being trained to generate income and start businesses.</p> <p>Pray that ACAT's team would be <b>effective mentors!</b></p>	<p><b>3</b></p> <p>Pray for this crazy mixed up world that we live in:</p> <ul style="list-style-type: none"> <li>• For the war in Iran</li> <li>• those in Ukraine and Russia</li> <li>• those infected and affected by Ebola in DRC</li> <li>• solutions to be found to unemployment in SA.</li> </ul>	<p><b>6</b></p> <p>For the <b>next 3 weeks we will conduct Youth Basic Life skills</b>—by the end of the holidays, over 700 teens will have had a chance to discover which career they are suited to, have clearer ideas on making better decisions, and hear about God's love for them.</p>	<p><b>7</b></p> <p>Pray for the <b>protection of our team on the roads</b>. They work in areas where roads are in a bad condition, and in areas which are far from services.</p> <p>Pray too for the Lord to preserve our vehicle fleet, and more importantly, our team.</p>	<p><b>8</b></p> <p>Pray for South Africa's high <b>unemployment</b> rate (around 32%) and for all families in KwaZulu who struggle to find work.</p> <p>May God open doors of opportunity.</p> 	<p><b>9</b></p> <p>Pray for <b>income-generation opportunities in rural communities</b> — for small businesses, cooperatives, agriculture projects, and entrepreneurship initiatives to flourish and create dignity.</p>	<p><b>10</b></p> <p>Pray for communities affected by <b>conflict, violence, and displacement around the world</b>.</p> <p>Ask for protection, healing, and lasting peace.</p>
<p><b>13</b></p> <p>Pray for those <b>attending YBLS courses this week</b>. Pray for protection over all who attend. Pray for teens that are discouraged or feeling hopeless. Pray for the Lord to touch individual's hearts.</p> 	<p><b>14</b></p> <p>Pray for <b>young people in ACAT communities to gain access</b> to education, digital skills, vocational training, and meaningful employment opportunities.</p>	<p><b>15</b></p> <p>Pray for <b>FAMILIES</b></p> <p>Pray for those who:</p> <ul style="list-style-type: none"> <li>• are struggling</li> <li>• are going through divorce / separation</li> <li>• are mourning the loss of a family member</li> <li>• do not have / or don't feel part of a family.</li> <li>• are in your family.</li> </ul>	<p><b>16</b></p> <p>Pray for <b>food security across Southern Africa</b> and other regions facing hunger. Pray for</p> <ul style="list-style-type: none"> <li>• the use of sustainable farming practices,</li> <li>• rain in drought-affected areas, and</li> <li>• equitable access to nutritious food.</li> </ul>	<p><b>17</b></p> <p>Pray for <b>all farmers</b> - from commercial to household food gardeners – that they would have good harvests.</p> <p>Pray for <b>encouragement</b> for those who are just starting to establish gardens and crops.</p>				
<p><b>20</b></p> <p>Pray for ACAT and its members as <b>political tensions rise in communities</b>.</p> <p>Pray for the Lord to enable our group members to remain focused and calm.</p> <p>Pray for peace in SA.</p>	<p><b>21</b></p> <p>Pray for ACAT as we aspire to enable <b>community-led development initiatives that empower people to participate actively in shaping their own futures</b>.</p>	<p><b>22</b></p> <p>Pray for the <b>health of our team</b> – physically, spiritually and emotionally.</p> <p>Pray for <b>increased impact</b> in all agricultural and livelihood activities this year.</p>	<p><b>23</b></p> <p>Pray for the Lord to encourage and strengthen our partners <b>Lambert in Burundi and Herman in the DRC</b>.</p> <p>Pray for their safety and for the provision of resources to enable them to extend their outreach.</p>	<p><b>24</b></p> <p><b>Pray for South Africa</b></p>  <p>Pray for children and youth facing <b>hunger, neglect, and lack of educational opportunities</b>. Pray for their protection, and access to supportive environments.</p>				
<p><b>27</b></p> <p>Pray for <b>stronger partnerships between churches, NGOs, local government, and community organizations</b> working for mutual development and transformation.</p> 	<p><b>28</b></p> <p><b>If you spend yourselves in behalf of the hungry and satisfy the needs of the oppressed, then your light will rise in the darkness... The Lord will guide you always; he will satisfy your needs in a sun-scorched land.</b> Isaiah 58:10–11</p>	<p><b>29</b></p> <p>Pray for <b>ACAT board members</b> as they meet over the next two days – to make financial and operational decisions.</p> <p>Pray for <b>unity and wisdom</b> as they discuss where ACAT is now, where its come from, and where its headed in the future.</p> <p>Pray for a <b>real sense of God's presence</b> in all the meetings.</p> <p>Give thanks for <b>each leader's specific gifting</b> that enhances the ACAT governance team.</p>	<p><b>30</b></p>	<p><b>31</b></p> <p>Pray for families struggling with poverty and unemployment. Ask for <b>provision, encouragement, and opportunities</b> that restore hope and dignity.</p> <p><b>Blessed are the peacemakers, for they will be called children of God.</b> Matthew 5:9</p>				