

ACAT Prayer Focus



OCTOBER
2026

Monday

Tuesday

Wednesday

Thursday

Friday



5

"What we hadn't anticipated was learning just how common diarrhoea and gastrointestinal illnesses had become in this community. So common, in fact, that people had largely accepted them as part of everyday life. When they heard how the filters could help make their drinking water safer, the joy was extraordinary!" – Sarah from Unity Water

6

7

Pray for the up-skilling of **community structures** so communities may grow in resilience and self-sufficiency.



1

These **water rollers** and filters were gifted by Rotary to group members in the Okhahlamba and Highflats area.

The rollers store 90l of water for home and garden use. The filters provide drinkable water for families.

2

The final **Youth Basic Life Skills courses** are being held this week during the school holidays. Pray for those that attend to find the course useful and **life changing** with regard to their ability to make informed life choices.

8

In the lead up to the elections, pray for ACAT and its members as **political tensions rise in communities**.

Pray for the Lord to enable all of us to remain focused and calm. **And to put our trust firmly in the Lord's hands.**

9

Pray for **farmers, gardeners, and food producers**. Give thanks for the **recent rains**. Pray for good harvests, access to resources, and protection from climate-related disasters. The threat of **El Nino** affecting our weather is of concern to all of us.

12

At the **start of new work week**, may the Lord bless and keep us.

And may we feel his presence with us, in spite of our circumstances, disappointments, obligations and distractions.

13

Pray for **ACAT's leadership team** as it seeks wisdom and strategic guidance from the Lord for 2027.

Pray for clear direction, and the reciprocal capacity for ACAT to respond accordingly.

14

Pray for healing and support for those facing **depression, trauma, grief, addiction, and emotional exhaustion within ACAT communities and teams**.

Pray too for all those you know who are **struggling**.

15

Pray for **nations** facing economic instability and rising costs of living. Pray for just economic systems that protect the poor and vulnerable.

Above all else, guard your heart, for everything you do flows from it.
Proverbs 4:23

16

August was "**women's month**" campaigning against GBV. Ironically, since then, 11 women's bodies have been found in the Kempton Park area.

Pray for their families, and for all involved in solving this horrendous series of crimes.

19

Pray for all **our partners and their unique approach to empowering local communities**.

Pray for the Lord to bless these collaborations so that more people are reached.

20

Thank God for his **provision through our generous donors** – big and small! Their faithful support – financial, technical, emotional – is a vital contribution to ACAT's impact.

May God bless and encourage them.

21

Pray for **Directors Rod Spencer and Enock Dlamini** as they lead their teams and deal with opportunities and challenges. Give thanks too for the **ACAT teams** and for the Lord's provision of spiritual stamina to fuel the programme.

22

Pray for communities as they deal with the **scourge of recreational drugs and alcohol abuse**.

Pray for the **Church** too as it assists families torn apart by these addictions.

23

Pray for **women in rural communities** – for safety, empowerment, leadership opportunities and **freedom from violence**.

Pray that ACAT's programme would help women feel informed, valued and respected.

26

Pray for those known to you who are **mourning the loss** of their:

- loved one
- marriage
- career
- employment
- finance
- identity.

May they find comfort in the Lord.

27

Pray for the Lord to encourage his children - that they may see his work in their lives.

Pray for the Lord to speak to those who need a special sign of His presence today.

28

Give thanks for the amazing creation that God has made. For

- the sun and moon that rotate daily
- changing seasons
- the creative diversity of the animal and plant kingdoms
- beauty that reminds us of his love.

29

Pray that **unemployed youth** would see the potential of being trained to generate income and start businesses.

Pray that ACAT's team would be **effective mentors!**

30



Pray for Africa and all her people.

ACAT's Mission is to design and implement training and mentoring programmes aimed at equipping people to be sustainable in every aspect of their lives and to influence, motivate and assist others to achieve the same.

NOVEMBER
2026

Monday	Tuesday	Wednesday	Thursday	Friday
2  Pray for South Africa and all her people – that we may co-create a country everyone feels part of.	3 Pray for peaceful elections. Pray for all community leaders as they try to increase their power. If you are a voter, have you asked the Lord who you should be voting for in these elections?	4 ELECTION DAY  Pray for an ordered and peaceful election. Pray especially for the safety of people in hotly contested voting areas.	5 Pray for all citizens of South Africa as they digest and come to terms with the results of the elections. Pray for all leaders - those who win votes and those who lose votes.	6 Pray for a more powerful Christian witness here in South Africa and in global affairs. 
9 Pray for those who will attend their 5th and last week of training to complete their Community Volunteer course. Give thanks for the more than 100 group members who have stuck at it this year and who graduate on Thursday night.	10 Pray for those who are discouraged, are sick or disabled, are terminally ill, and those who have lost hope for their future. In peace I will lie down and sleep, for you alone, Lord, make me dwell in safety Psalm 4:8	11 Pray for South Africa's high unemployment rate, and for all families who do not have anyone who is employed. May God open doors of opportunity. May they see value in ACAT's work.	12 Pray for each person who graduates with their Community Volunteer certificate tonight. May the Lord continue to guide and lead them as they seek to implement what they have learned in their homes and community.	13 Pray for food security across Southern Africa and other regions facing hunger. Pray for • the use of sustainable farming practices, • rain in drought-affected areas, and • equitable access to nutritious food.
16 Pray for the second cohort of Community Volunteers who will attend their 5th and last week of training. Pray too for the Lord to encourage those who will return home to very difficult circumstances.	17 Pray for young people in ACAT communities to gain access to education, digital skills, vocational training, and meaningful employment opportunities. Pray for partnerships in these areas.	18 Pray for all farmers – from commercial to household food gardeners – that they would have great harvests. Pray for protection against the devastating effects of climate change.	19 Pray for the graduation of the second cohort of Community Volunteers tonight. May the Lord continue to guide and lead them as they seek to implement what they have learned in their homes and community.	20 Pray for FAMILIES. Pray for those who: • are struggling • are going through divorce / separation • are mourning the loss of a family member • do not have / or don't feel part of a family. • are in your family.
23 Pray for the Lord to encourage and strengthen our partners Lambert in Burundi and Herman in the DRC. Pray for their safety and for the provision of resources to enable them to extend their outreach.	24 Pray for the Lord to guide all the plans and preparations for ACAT teams in 2027. For the Lord watches over the way of the righteous, but the way of the wicked leads Psalm 1:6	25 Pray for the ACAT Board members as they meet today and tomorrow. Pray for the Lord to lead and guide their time together. Pray especially for wisdom in decision making and as they plan ahead for the new year. Give thanks for each member and for their unique contribution. Pray too for wisdom for those involved in the Finance and Audit committee and their unique duty to steer the financial decisions of ACAT - not an easy task for anyone in these turbulent times.	26	27 Pray for encouragement of participants in the Savings and Loans Groups. Many, Lord, are asking, "Who will bring us prosperity?" Let the light of your face shine on us. Fill my heart with joy when their grain and new wine abound. Ps 4:6-7
30 Pray for the children and youth in our programme, and particularly how ACAT can continue to strengthen this aspect. 		<i>Erlo Brandmeyer (centre) and the team of Walk in the Light. They are ACAT's partner in the Drakensberg area. They display the water roller and filter distributed to them by Sarah and Wendy of Unity Water. ACAT's Wanda and Mlu are delighted for them.</i>		